

Smart Disinfection

A New Approach to Disinfecting to Help you Clean for Health



Lori Strazdas, MPH & Ben Walker June 14, 2021

About Us











- Review the concept of Cleaning for Health & why it's important
- Introduce Smart Disinfection & why it's needed
- Understand the How, When, and Where components of Smart Disinfection
- Recognize some ways to use Smart Disinfection and where you can get additional resources



What is Cleaning for Health?



1.

Use of cleaning and disinfecting products, techniques, and best practices to reduce the spread of germs and other unwanted matter within shared spaces

2.

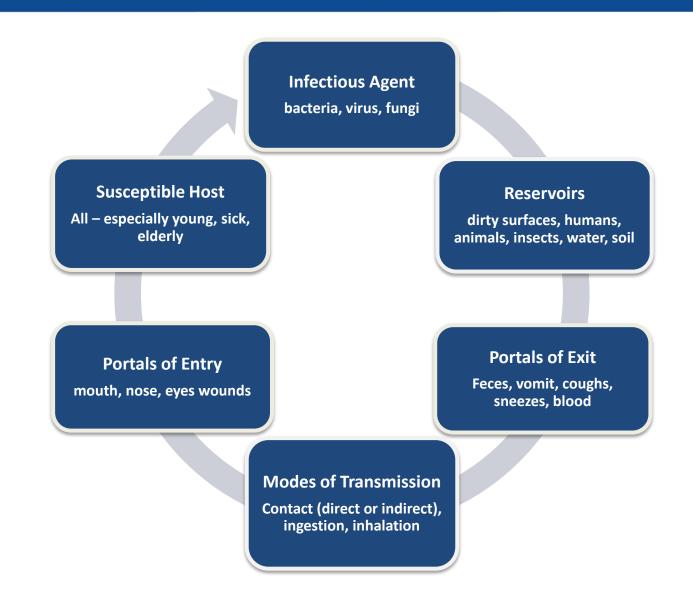
Requires **more than** just a "surface clean"

3.

Cleaned and disinfected surfaces make buildings safer places for building occupants, customers, and staff, including you!

Preventing the spread of germs is an essential part of Cleaning for Health





The Chain of Infection - MRSA



Infectious Agent bacteria, virus, fungi

Susceptible Host

All – especially young, sick, elderly

Reservoirs

dirty surfaces, humans, animals, insects, water, soil

Break the Chain

- Cleaning, disinfection, sterilization
- Pest control
- Infection prevention policies

Break the Chain

- · Hand hygiene
- Personal protective equipment
- Personal hygiene
- First aid
- Removal of catheters/tubes

Portals of Entry

mouth, nose, eyes wounds

Portals of Exit

Feces, vomit, coughs, sneezes, blood

Break the Chain

- Hand hygiene
- Personal protective equipment
- Control of aerosol/splatter
- Respiratory etiquette
- · Waste disposal

Modes of Transmission

Contact (direct or indirect), ingestion, inhalation

Break the Chain

- Cleaning, disinfection, sterilization
- Hand hygiene
- Personal protective equipment
- Food safety
- Isolation

Cleaning for Health can help reduce the public health and economic burdens caused by infections



Infections Public Health Burden		Economic Burden			
Norovirus ^{1,2}	 20 million cases 400,000 ED visits 56,000-71,000 hospitalizations 	 1.4 billion healthcare costs \$23.5 billion societal costs 			
Colds ³	 500 million cases 122 million doctor visits 6 million ED visits 	 70 million work days missed 189 million school days missed \$40 billion total costs 			
Influenza ^{4,5,6}	 9-45 million cases 140,000 – 810,000 hospitalizations 12,000 – 61,000 deaths 	 17 million work days missed \$11-\$87 billion in total costs 			
Food-borne ^{7,8}	 48 million cases 128,000 are hospitalized Thousands have long-term side effects 	 Salmonella – \$3.67 billion E.coli - \$271 million 15 leading germs – \$17 billion 			
COVID-19 ^{9,10}	 > 33 million cases > 2 million hospital admissions > 600,000 deaths 	 ~\$16 trillion Approximately 90% of the annual gross domestic product of the US 			

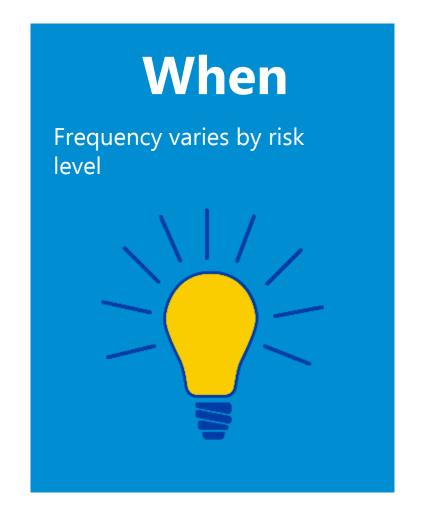
What is Smart Disinfection?



Where, When and How we Clean for Health

Where

Prioritize disinfecting higher risk surfaces in higher risk areas (e.g. shared, commonly touched surfaces in areas where people gather, restrooms where exposure to contaminants are high)



How

Incorporate surface disinfection best practices and technique

Use of proper tools to maximize effectiveness and efficiencies

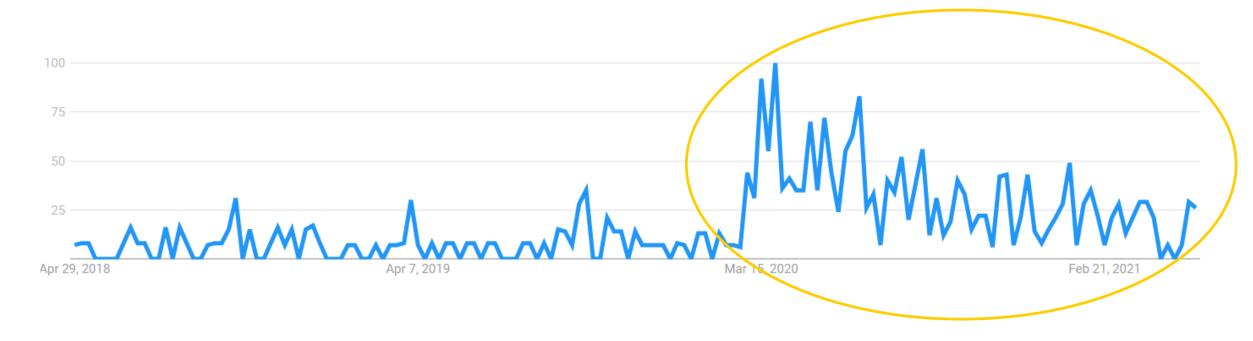
Develop a process and ensure proper changes

How much time is needed to do the job well

Why is Smart Disinfection Needed?



Google trends search for "cleaning & disinfecting"



Interest in cleaning and disinfecting spiked during the pandemic, yet it is still misunderstood. A smarter approach is needed!

Smart Disinfection Details

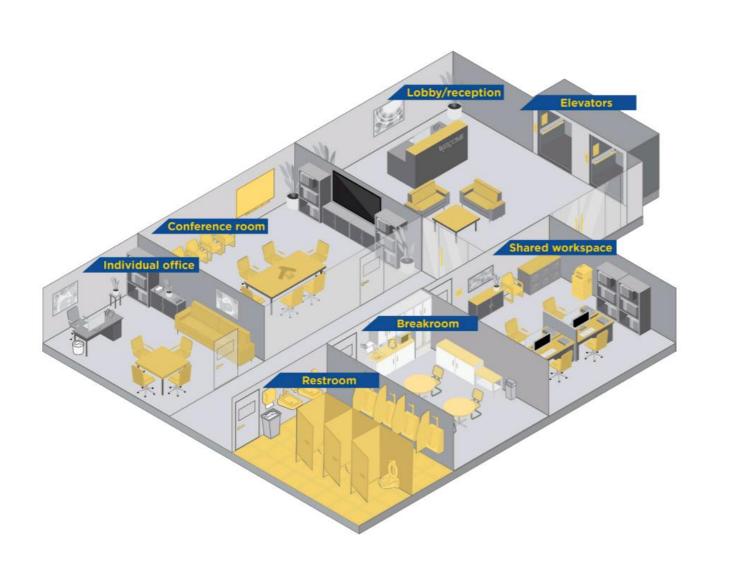


Where, When and How we Disinfect when Cleaning for Health



Smart Disinfection: Where



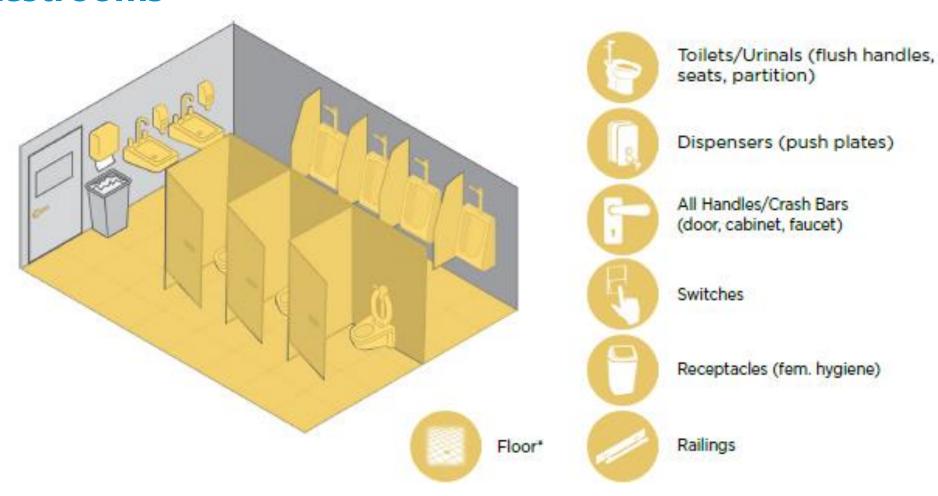


- /Higher traffic
- Higher probability of contamination 13,14
- **Shared, commonly touched surfaces**

Where: Prioritize Higher Risk Surfaces in Higher Risk Areas



Restrooms



Area Risk Assessment



Instructions

- 1. Profile the building & determine the areas to be assessed
- 2. Choose an area
- 3. Answer the questions and assign a risk level score
- 4. Total your risk scores for the area
- 5. Repeat for all areas to be assessed
- 6. List all area risk scores from highest risk to lowest risk
- 7. Prioritize disinfecting shared and commonly touched surfaces in areas with higher risk scores

Qı	uestions to determine	Choices	Risk Score
1	Probability of Contamination with Pathogens	Routinely	5
	How frequently are surfaces/objects exposed to blood, other body fluids such as vomit, urine,	Occasionally	3
	and mucous or mold?	Hardly	1
2	Vulnerability of Population to Infection How susceptible are people occupying the	Highly	3
	space to infection?	Slightly	1
3	Potential for Exposure Are there surfaces that are touched frequently	Yes	3
	by multiple people?	No	1
4	Traffic	Yes	3
	Is the area high-traffic?	No	1
5	Hygiene Access & Practices Are supplies to practice good hygiene readily available?	abundant	1
		scarce	2
	Actively promotes good hygiene practices	Yes	1
		No	2
	Does the area have good ventilation?	Yes	1
		No	2

Total

Area Risk Assessment



	Choices		Examples	Conference Room	RR#1
1. Probability of Contamination with Pathogens How	Routinely	5	Emergency rooms; restrooms		5
frequently are surface/objects exposed to blood, other bodily fluids such as vomit, urine, and mucus or mold?	Occasionally	3	Classrooms		
action, manage seems as verms, and equal of mona.	Hardly	1	Conference Rooms	1	
2. Vulnerability of Population to infection How susceptible are people occupying the space to	Highly	3	Very young, very old and people with certain medical conditions		
infection?	Slightly	1	Relatively healthy people	1	1
3. Potential Exposure Are there surfaces that are touched frequently by	Yes	3	Doorknobs, light switches, pencil sharpeners	3	3
multiple people?	No	1	Ceilings, walls, shelves, individual desks	1	1
4. Traffic	Yes	3	Classrooms, airports, breakrooms	3	3
Is the area high-traffic?	No	1	Individual offices		
5. Hygiene Access & Practices Are supplies to practice good hygiene readily available?	Abundant	1	Disinfecting wipes, hand soap and hand sanitizers (min, 60% alcohol), and tissues near where people congregate	1	1
	Scarce	2	No/limited disinfecting wipes, hand soap and sanitizers (min, 60% alcohol), and tissues near where people congregate		
Actively promoted good hygiene practices	Yes	1	Signage on proper hand washing, cough etiquette, mask wearing etc. Placed in visible locations	1	1
	No	2	No/limited signage on proper hand washing, cough etiquette, mask wearing etc.		
Does the area have good ventilation?	Yes	1	Well-maintained HVAC system with high-efficiency filters; able to measure indoor air quality	1	
	No	2	Poor ventilation system; limited access to fresh air		2
Total				12	16

Smart Disinfection: When



Occupied/ Day Time

Restrooms:



After higher-use periods:

Clean and Disinfect shared, commonly touched surfaces **after all high-use periods** such as mid-morning and mid-afternoon

Non-Restroom:



When illness levels rise:

Clean and Disinfect shared, commonly touched surfaces in between use or after high-use periods

Unoccupied/ Night Time

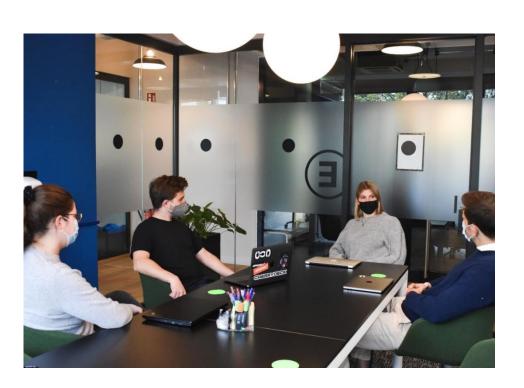


Restrooms:

 After routine cleaning, disinfect ALL restroom surfaces, including floors, to reset for next day/shift

Non-Restrooms:

 After routine cleaning, disinfect shared, commonly touched surfaces to reset for next day/shift



Smart Disinfection: How

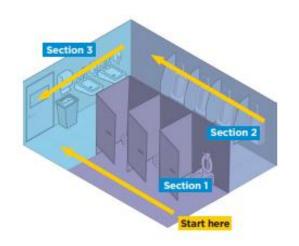


- 1. Cleaning & disinfecting best practices
- 2. Use proper tools to maximize effectiveness and efficiencies
- 3. Develop a process and train your staff
- 4. Calculate how much time is needed



1. Cleaning and Disinfecting Best Practices





Clean & disinfect **methodically** by dividing a space into sections and clean & disinfect **one section** at a time to not miss any surfaces.

Start from the **back of the room** and **work your way towards** the entrance to minimize cross contamination.



Clean & disinfect surfaces from **high** areas to low areas



Disinfect last after routine tidying-up, e.g., emptying trash, vacuuming, removing visible soil

1. Cleaning and Disinfecting Best Practices





Fold cloth or wipe 1–2 times so the **surface area** is close to the **hand size**. Use **clean side each time** you wipe a new surface.



Clean & disinfect surfaces from **clean areas** to **dirty areas**



Clean & disinfect surfaces starting with the **edges** and wiping the **inside** in an **S**-shaped wiping pattern in a single direction.

1. Cleaning and Disinfecting Best Practices





Remove visible soil **before** applying a **disinfectant**.



Disinfect all shared, commonly touched surfaces daily and all restroom surfaces per cleaning shift.



Ensure **surfaces** remain **visibly wet** for the **contact time** specified on the **EPA-registered** product label

2. Best tools for the job



Electrostatic



- ✓ Thorough disinfection for when you can close off an area being treated
- ✓ Treats larger areas fast
- ✓ Superior surface coverage

Unoccupied / Nighttime

Manual



- ✓ Touch up disinfection for when building occupants are present in the area
- ✓ Treats smaller area with convenience
- ✓ Quick and easy to deploy

Occupied / Daytime

3. Develop written processes and train your staff



Why written processes are important

- Clear start and finish points lead to defined, repeatable, and adaptable results
- Establish daily expectations for staff, building occupants, and customers
- Consistently train staff and deliver predictable cleaning results

Process development recommendations

- ✓ Review current processes and incorporate Smart Disinfection principles
- Specify where and when, tools and supplies needed, and a step by step process from start to finish



Process Example



Unoccupied Restroom Cleaning and Disinfecting

When:

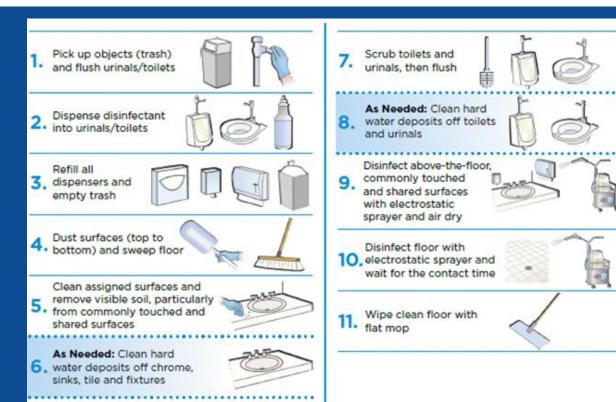
Unoccupied (to reset for next day/shift)

Where:

Restrooms are higher risk areas that should be prioritized

How:

- Keep it simple and easy to follow
- Visually show which surfaces need to be disinfected
- Spot clean visible soils before disinfecting
- Surfaces should remain wet for the contact time
- Disinfect as a last step to minimize cross contamination
- Use electrostatic sprayer to thoroughly disinfect surfaces and floors



4. Calculate how much time is needed



10,000 Sq ft Building

~55%

5,500 Cleanable Sq ft

~10%

550 Sq ft of Shared, Commonly Touched Surfaces



3125 sq ft/hr (spray & wipe)

25 minutes to Smart Disinfect!*

*add in other activities that need to be done throughout the day

> Across 5 different areas (~3min walk time)

> > 10 min

Additional Preventative Measures





Wash Hands before eating, after using the restroom and after touching high-touch surfaces



Avoid Touching your eyes, nose and mouth with unwashed hands



Cover Coughs/Sneezes with a tissue or elbow

Additional Preventative Measures





Make Disinfecting
Wipes Accessible
to enable building
occupants* to disinfect
surfaces in between uses
or after high use periods



Add Other Measures specific to an illness and how it spreads



Stay Home When Sick

Putting it all together!



Cleaning for Health

WHY cleaning and disinfecting is important for public health

Smart Disinfection

WHERE, WHEN and HOW to disinfect that aligns to the level of risk in your facility and your available resources while maximizing effectiveness and efficiency

Ways to Use

- ✓ Incorporate Smart Disinfection into your own operation and adjust for maximum impact as needed
- ✓ Share results with your management and/or clients
- ✓ Check with your insurance provider to see if incorporating Smart Disinfection could lower your rates
- ✓ Use Smart Disinfection to justify additional service if needed

Smart Disinfection Resources





Tools you'll find...

- Cleaning for Health & Smart Disinfection Overview
- Breaking the Chain of Infection
- Surface Disinfection Best Practices
- Office Protocol Guide & Area Risk Assessment Tool
- K-12 Protocol Guide & Area Risk Assessment Tool
- Champions of Clean Toolkit
- Smart Disinfection Video

To access tools and information covered on this webinar, visit www.cloroxpro.com/resource-center/preparing-for-the-new-normal/



Thank you!

ori.strazdas@clorox.com

ben@managemen.com

References



- 1. Bartsch SM, Lopman BA, Ozawa S, Hall AJ, Lee BY. Global Economic Burden of Norovirus Gastroenteritis. 2016; PLoS One 11(4): e0151219 10.1371/journal.pone.0151219C Available from: https://pubmed.ncbi.nlm.nih.gov/27115736/
- 2. Centers for Disease Control and Prevention. Norovirus: [cited 2021 May 13] Available from: www.cdc.gov/norovirus/index.html
- 3. Fendrick MF et al. The Economic Burden of Non-Influenza-Related Viral Respiratory Tract Infection in the United States. Arch Intern Med. 2003;163(4):487-494
- 4. Centers for Disease Control and Prevention. Disease Burden of Influenza. [cited 2021 May 13] Available from: https://www.cdc.gov/flu/about/burden/index.html
- 5. Molinari et al. The annual impact of seasonal influenza in the US: measuring disease burden and costs. Vaccine, 2007; 25(27):5086-96
- 6. Putri WCWS et al. Economic burden of seasonal influenza in the United States. Vaccine, 2018: 36(27):3960-3966
- 7. USDA Economic Research Service (ERS). Cost Estimates of Foodborne Illnesses. [cited 2021 May 13] Available from: http://www.ers.usda.gov/data-products/cost-estimates-of-foodborne-illnesses.aspx
- 8. Centers for Disease Control and Prevention. Estimates of Foodborne Illness in the United States [cited 2021 May 13] Available from: www.cdc.gov/foodborneburden/index.html
- 9. Centers for Disease Control and Prevention. COVID Data Tracker Weekly Review. [cited 2021 May 13] Available from: https://www.cdc.gov/coronavirus/2019-ncov/covid-data/covidview/index.html
- 10. Cutler, DM, Summers LH. The COVID-19 Pandemic and the \$16 Trillion Virus. *JAMA*. 2020;324(15):1495-1496 [cited 2021 May 10] Available from: https://jamanetwork.com/journals/jama/fullarticle/2771764
- 11. Google trends graph for the search term "cleaning and disinfecting" from April 28 2018 through May 28 2021 [cited 2021 May 28] Available from: https://trends.google.com/trends/?geo=US
- 12. Chang A, Schnall AH, Law R, et al. Cleaning and Disinfectant Chemical Exposures and Temporal Associations with COVID-19 National Poison Data System, United States, January 1, 2020–March 31, 2020. MMWR Morb Mortal Wkly Rep 2020;69:496–498. [cited 2021 May 10] Available from: https://www.cdc.gov/mmwr/volumes/69/wr/mm6916e1.htm
- 13. Johnson DL, Mead KR, Lynch RA, Hirst DV. Lifting the lid on toilet plume aerosol: a literature review with suggestions for future research. American Journal of Infection Control 2013; 41(3):254-258. Available from: https://www.ajicjournal.org/article/S0196-6553(12)00812-7/fulltext#%20
- 14. Flores GE, Bates ST, Knights D, Lauber CL, Stombaugh J, Knight R, et al. Microbial Biogeography of Public Restroom Surfaces. PLoS ONE 2011; 6(11): e28132.[cited 2021 May 10. Available from https://doi.org/10.1371/journal.pone.0028132
- 15. Centers for Disease Control and Prevention. How to clean and disinfect schools to help slow the spread of flu. [cited 2021 May 13] Available from: https://www.cdc.gov/flu/school/cleaning.htm
- 16. Walker, J. 99 Workloading Times, 2019.
- 17. Walker B. The Official ISSA 612 Cleaning Times & Tasks, 2014
- 18. Berry MA. Protecting the Built Environment: Cleaning for Health. Tricomm 21st Press 1994